

# Maximizing the Potential of Mentoring and Career Advising Relationships

## SUGGESTED READINGS

*A bibliography compiled by Janet Bickel, Career and Leadership Development Coach and Consultant [Janetbickel@cox.net](mailto:Janetbickel@cox.net); [www.janetbickel.com](http://www.janetbickel.com)*

- Berk RA et al. Measuring the effectiveness of faculty mentoring relationships. *Acad Med.* 2005; 80: 66-71.
- Bickel J., Faculty Resilience and Career Development: Strategies for Strengthening Academic Medicine in Cole TR, Goodrich, TJ, Gritz, ER. (Eds.) *Faculty Health in Academic Medicine: Physicians, Scientists, and the Pressures of Success.* Totowa, NJ: Humana Press, 2008.
- Bickel J, Brown A. Generation X: Implications for Faculty Recruitment and Development in Academic Health Centers. *Acad Med.* 2005; 80:205-10.
- Bickel J. Career Development as a Long-Distance Hike. *J Gen Int Med.* 2009; 24:118-21.
- Bickel, J., Wara, D., Atkinson, B.F., Cohen, L.S., Dunn, M., Hostler, S., Johnson, T.R.B., Morahan, P., Rubenstein, A.H., Sheldon, G.F., and Stokes, E. Increasing Women's Leadership in Academic Medicine: Report of the AAMC Project Implementation Committee. *Acad Med*, 2002; 77: 043-61.
- Blair JE, Mayer AP, Ko MG et al. Facilitated peer-mentorship: the challenges faced by facilitator mentors. *Clinical Teacher.* 2008; 5:113-7.
- Buddeberg-Fischer B, Herta K. Formal mentoring programmes for medical students and doctors: a review of the Medline literature. *Med Teacher.* 2006;28:248-257.
- Bussey-Jones J, et al. Repaving the road to academic success: the ImeRGe approach to peer mentoring. *Acad Med.* 2006; 81:674-9.
- Carr, Phyllis, Janet Bickel, Thomas Inui, editors. *Taking Root in a Forest Clearing: A Resource Guide for Medical Faculty*, Boston: Boston University School of Medicine, 2004.  
[http://www.bu.edu/cms/www.bumc.bu.edu/busm-osa/files/Resource\\_Guide/Resource\\_Guide\\_For\\_Faculty.pdf](http://www.bu.edu/cms/www.bumc.bu.edu/busm-osa/files/Resource_Guide/Resource_Guide_For_Faculty.pdf)
- Connor, MP, et al. Developing senior doctors as mentors: a form of continuing professional development. *Med Educ*, 34:747-53, 2000.
- Davis, Orin C.; Nakamura, Jeanne. A Proposed Model for an Optimal Mentoring Environment for Medical Residents: A Literature Review. *Academic Medicine.* 85(6):1060-1066, June 2010.
- Delong TJ et al. Why mentoring matters in a hypercompetitive world. *Harv Bus Rev.* January 2008:115-21.
- Detsky AS, Baerlocher MO. Academic mentoring—how to give it and how to get it. *JAMA.* 2007;297:2134-6.
- Emans SJ, Goldberg C, et al. Creating a faculty development office in an academic pediatric hospital. *Pediatrics.* 2008; 121:390-403.

- Grady-Weliky, T., Kettle, C., Hundert, E. New Light on Needs in the Mentor-Mentee Relationship. In *Educating for Professionalism: Creating a Culture of Humanism in Medical Education*, edited by D. Wear and J. Bickel. Iowa City: U. of Iowa Press, 2000.
- Harrison R, Allen E. Teaching internal medicine residents in the new era. *JGIM*. 2006; 21:447-52.
- Herbert JL, Borson S, Phelan EA, et al. Consultancies: A model for interdisciplinary training and mentoring of junior faculty investigators. *Acad Med*. 2011; 86: 866-71.
- Howell LP, Servis G, Bonham A. Multigenerational challenges in academic medicine: UC Davis's responses. *Acad Med*. 2005; 80:527-32.
- Johnson MO, et al. An innovative program to train health sciences researchers to be effective clinical and translational research mentors. *Acad Med*. 2010; 85:484-89.
- Karp, Hank, et al. *Bridging the Boomer Xer Gap: creating authentic teams for high performance at work*. Davies-Black, 2002.
- Keyser DJ et al. Advancing institutional efforts to support research mentorship: a conceptual framework and self-assessment tool. *Acad Med*. 2008; 83:217-25.
- Levine, Rachel et al. The three-headed mentor: rethinking the classical construct. *Med. Educ*. 2003; 37:473-89.
- Leslie, Karen et al. Junior faculty experiences with informal mentoring. *Med. Teacher*. 2005; 27:693-8.
- Levy BD, Katz JT, Wolf MA, Sillman JS, Handin RI, Dzau VJ. An initiative in mentoring to promote residents' and faculty members' careers. *Acad Med*. 2004; 79:845-50.
- Lewellen-Williams, CM. The POD: A New Model for Mentoring Underrepresented Minority Faculty. *Academic Medicine*. 81(3):275-279, March 2006.
- Kenny, N et al. Role modeling in physicians' professional formation. *Acad Med*. 2003; 2003; 78:1203-10.
- Mayer A, et al. The academic quilting bee. *J Gen Int Med*. 2009; 24:427-9.
- Menachery E, et al. Physician characteristics associated with proficiency in feedback skills. *JGIM*. 2006; 21:440-6.
- Nothnagle M et al. Promoting self-directed learning skills in residency. *Acad Med*. 2010; 85:1874-9.
- Papdimos TJ, Murray SJ. Foucault's "fearless speech" and the transformation and mentoring of medical students. *Philos Ethics Humanit Medicine*. 2008;3:12.
- Pfund C., et al. The merits of training mentors. *Science*. 2006; 311:473-5.
- Pinsky L, Fryer-Edwards K. Diving for PERLS: working and performance portfolios for evaluation and reflection on learning. *JGIM*. 2004; 19:582-7.
- Pololi, L.H., Knight S. Mentoring faculty in academic medicine. *J Gen Int Med*. 2005; 20:866-70.

- Pololi, L.H., Knight, S.M., Dennis, K., Frankel, R.M. Helping Medical School Faculty Realize Their Dreams: An Innovative, Collaborative Mentoring Program. *Acad Med*, 2002;77:377-384.
- Rabatin, JS, et al. A year of mentoring in academic medicine: case report and qualitative analysis of 15 hours of meetings between a junior and senior faculty member. *JGIM*. 2004; 19:569-73.
- Ramanan, Radhika et al. Mentoring matters: Mentoring and career preparation in internal medicine residency training. *JGIM*. 2006; 21:340-45.
- Rose GL, Rukstalis MR, Schuckit MA. Informal mentoring between faculty and students. *Acad Med*, 80:344-8, 2005.
- Sambunjak D, et al. A systematic review of qualitative research on the meaning and characteristics of Mentoring in Academic Medicine. *J Gen Int Med*. 2010; 25:72-8.
- Sambunjak D, et al. Mentoring in Academic Medicine: A systematic review. *JAMA*. 2006; 296:1103-15.
- Santoro, Nanette; McGinn, Aileen P.; Cohen, Hillel W.; Kaskel, Frederick; Marantz, Paul R.; Mulvihill, Michael; Schoenbaum, Ellie. In It for the Long-Term: Defining the Mentor-Protege Relationship in a Clinical Research Training Program. *Academic Medicine*. 2010; 85(6):1067-1072.
- Souba WW: Mentoring young academic surgeons. *J Surg Res*. 1999; 82(2):113-20.
- Stone, D, et al. *Difficult Conversations: How to Discuss what Matters Most*. Penguin, 1999.
- Straus SE, Chatur F, Taylor M. Issues in the Mentor-Mentee Relationship in Academic Medicine: A Qualitative Study. *Acad Med*. 2009; 84:135-9.
- Thorndyke LE, Gusic M, George JH, Quillen D, Milner R: Empowering Junior Faculty: Penn State's Faculty Development and Mentoring Program. *Academic Medicine*. 81(7):668-673, July 2006.
- Vaillaint, George. *Aging well*. Little Brown, 2002.
- Viets V, Baca C, Verney S, et al. Reducing Health Disparities Through a Culturally Centered Mentorship Program for Minority Faculty: The Southwest Addictions Research Group (SARG) Experience. *Academic Medicine*. 2009; 84(8):1118-1126.
- Wong EY, Bigby J, Kleinpeter M, Mitchell J, Camacho D, Dan A, Sarto G. Promoting the advancement of minority women faculty in academic medicine: the national centers of excellence in women's health. *Journal of Women's Health & Gender-based Medicine* 2001; 10 (6): 541-550.
- Wright SM, Carrese JA. Serving as a physician role model for a diverse population of medical learners. *Acad Med*, 2003; 78:623-8.
- Zerzan JT, et al. Making the most of Mentors: A guide for mentees. *Acad Med*. 2009; 84:140-44.