

Name: _____ Date: _____

Complete for each long-term goal.

Area of interest:

- ___Advances in education methods (med student/resident/fellow/faculty/other)
- ___Advances in basic science relevant to medicine
- ___Advances in clinical practice
- ___Advances in clinical and translational research (incl community-based research)
- ___Advances in assessment of outcomes/new tools
- ___Advances in quality improvement
- ___Advances in health care delivery
- ___Advances in advocacy (patient/community/national)

Long-term goal:

Break down the long-term goal into several short-term (i.e., annual) goals that will help you get to the long-term goal:

Time period	Outcome to achieve	Skills needed	Resources needed
Year 1			
Year 2			
Year 3			
Year 4			
Year 5 (long-term goal)			

Consider:

- 1) What resources do you need to meet your short-term goals (and ultimately, your long-term goal)? These include:
 - a. New skills
 - b. Mentors/colleagues/collaborators
- 2) Can you create annual goals/objectives to help you get some of these resources? (eg., grant writing)
- 3) What obstacles do you anticipate? How can you potentially side-step or overcome those obstacles?