

Adaptive Clinical Trials

Martin Posch

Center for Medical Statistics, Informatics and Complex
Systems
Medical University of Vienna, Austria

Group Sequential Designs

Designs with one or more interim analyses

> Advantages

- Trial can be stopped early for efficacy or futility
- On average less patients are needed compared to fixed sample design.

> Limitations

- Suitable mainly for short term endpoints

Response Adaptive Designs

Patients are randomized to multiple treatment arms and the allocation ratio is continuously re-adjusted based on the observed responses

> Advantages

- Efficient for dose finding (smaller number of patients needed)
- Less patients are treated with toxic or non-efficacious doses
- Allocation may employ Bayesian decision making.

> Limitations

- Estimates and hypothesis tests may be biased
- Requires short term endpoints

Confirmatory Adaptive Designs

Integrate studies with a learning objective (e.g. dose finding, population selection, sample size planning) into confirmatory hypothesis testing

> Advantages

- Allows a range of adaptations in ongoing trials
 - Sample size reassessment, treatment selection, endpoint modification, enrichment.....,
- All data are used for decision making
- On average smaller total number of patients needed

> Limitations

- Additional complexity in the conduct and analysis of the trial
- More resources for the planning phase required

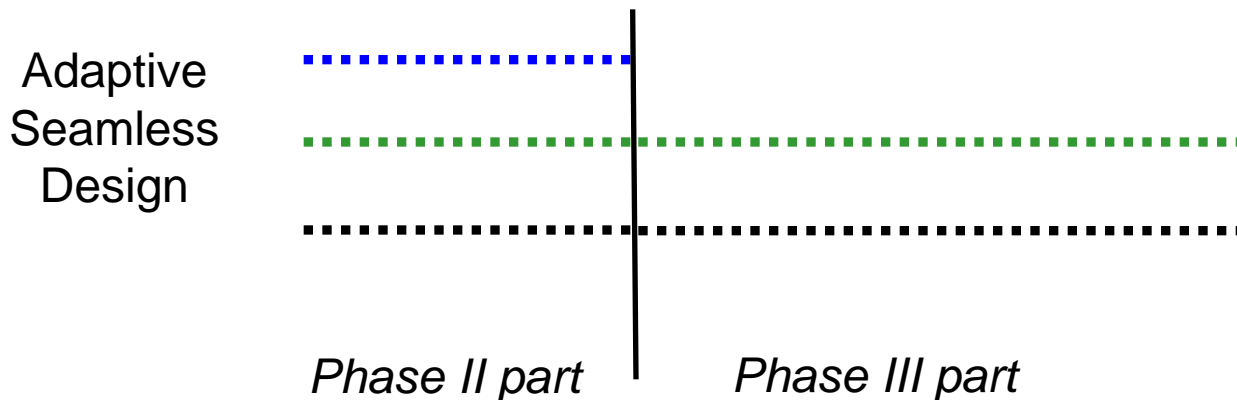
Classical Two Study Approach



- Conduct phase II trial.
- Plan phase III trial based on the information from phase II trial (which treatment, which number of patients, etc.).
- Conduct confirmatory phase III trial. **Demonstrate efficacy using ONLY phase III trial data.**

Adaptive Treatment Selection

Learning, Selecting and Confirming (Phase II & III)



- Conduct phase II trial as **internal part of a combined trial**.
- Plan phase III trial based on data from phase II part.
- Conduct phase III trial **as internal part of the same trial**.
- Demonstrate efficacy with data from **phase III + II part**.

Summary

- Adaptive designs allow to optimize the trial design based on interim data
- They can be applied in the exploratory and confirmatory setting.
- For rare diseases, academic led, joint multi-company multi-armed adaptive designs are discussed to address limited patient resources.

Selected References

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